

Juicy Groups Structure 6yrs – 3rd grade (40 min)

Kid Point Achievements

- Brings bible = 1
- Brings 1st time guest = 10
- Attends weekend service = 1
- Recites Kid Word 1st time = 3
- Recites Kid Answer 1st time = 1

Smash the Fruit (4 min)

Smash the Fruit is a 4-minute ice-breaker to allow children to get to know each other and the Mentor Group Leader (MGL). This should allow children to be more receptive to those who are teaching and open to sharing what's on their heart.

Meet My Match

Supplies: Printed and cut up **Meet My Match** cards

Directions:

Have the children in your group get to know each other with this fun interactive activity!

1. Tell the children that you will give them each a Meet My Match card.
2. They will read the portion of a Bible verse on their card.
3. Then they must go find the other child(ren) that has the rest of the same Bible verse.
4. Then tell them to introduce themselves to each other.
5. Ask them to sit with their match once they have found them.
6. Then go around and have the children introduce each other to the group.

The Juicy and DQ's (10 min)

This is the meat of the small group time. This is where the MGL's will give a very short teaching about the topic. After the teaching, there are discussion questions to engage the children. MGL's are encouraged to have a good understanding of the topics to help keep discussion time on topic and to do their best to answer (or find an answer) questions.

Self-Control Is Jesus-Control

Adam and Eve were given a great responsibility. They were to care for all God's creation. They were also given one rule—just one. They could eat from any tree and plant in the garden except for one—the tree of the knowledge of good & evil. No matter what happens they are supposed to control themselves and not eat of that fruit. That means if they're sitting there and they really, really want the fruit they have to tell themselves “no” and not eat it. Were they able to control themselves? Were they able to exhibit self-control? No. They gave into their curiosity and took the fruit even though God told them not to. Because they did that—they disobeyed God and had to deal with the consequences that we still feel today.

There are probably things in your life that you need to exhibit self-control. Self-control is Jesus-control. It's acting like Jesus would act. For example, has your mom or dad ever told you not to touch or eat something, but you do it anyway? If you said “yes” then you did not show self-control. If you said “no” then you did show self-control. You were able to control your actions. Adam and Eve chose not to control their actions.

(Group Leaders! Encourage each child to answer the question)

1. How do we show self-control? *(obey your parents; listen to the holy spirit; be disciplined; etc.)*
2. If you have a hard time with self-control, what can you do? *(pray, get out of tempting situation)*

Juicy Sheets (7 min)

Juicy Sheets are activity sheets that will be passed out. They consist of a few different activities that kids can do by themselves. Juicy Sheets are lesson-specific.

- Explain and review the different activities on the page with the children
- Allow them time to work on the activity sheet on their own

Answer Key:

- Kid Answer Unscramble: Self-control is Jesus-control
- Kid Word Read & recite: Allow the children to recite the Kid Word to you. Give them **Kid Points** if they can recite it from memory.
- Maze: Have them find the path from the star to Self-control
- Who was our Bible Story about? : 3rd call out...Adam and Eve
- Color the Apple: Let them color the apple

Fruitivity (5 min)

We call this a "fruitivity" because it's an activity centered around a fruit that corresponds with the lesson. It's another fun way to engage kids and get them thinking about the "fruits of the Spirit" every time they see that fruit.

Use this time to begin playing the Juicy Game

Juicy Game (7 min)

This is a fun game for the Juicy Groups to play in their small groups. Again, even our games reinforce the lesson.

The forbidden WORD!!! (This is like the game of Catch Phrase or Taboo)

You may be surprised at how difficult it is for the children to not say the forbidden word.

- Use the 'Forbidden Word' cards (There are additional words and phrases on the cards for the kids to use if they need help with not saying the 'Forbidden Word')
- Give a 'Forbidden Word' card to a child
- Explain that they cannot say the 'Forbidden Word' but they have to get the group to say the 'Forbidden Word'.
- They can use any phrase or sentence as long as the 'Forbidden Word' is not said
- Tell the group of children that they must guess the word
- Whoever guesses the word correctly first, will be the next leader.

Salvation Call (2 min)

Every week in every Juicy Group we want to invite kids who don't know Jesus to make Him boss of their life. Children will repeat a prayer that the MGL will lead them in and celebrate any decisions!!

Salvation prayer: have the children repeat after you – "Dear Jesus, I Admit that I have sinned and messed up in my life. I believe that you still love me and died on the cross to save me. I commit from today on to do my best to follow you and the example that you lived. We love you Jesus, Amen!"

Prayer (5min)

No group should be dismissed without a time of prayer and praise. Use this time to pray over any needs in your group and hoot and holler over any praise reports. Prayer and Praise Cards will be available for kids to write down their requests or reports.

Encourage the children to share with you something they would like prayer for. (Example – sickness, school test, friendships, family, fear)

- Have them pray with each other
- You lead the prayer or
- Have one of the children lead the prayer