

Juicy Groups Structure (40 min) 4th – 6th

Kid Point Achievements

Brings bible = 1

Brings 1st time guest = 10

Attends weekend service = 1

Recites Kid Word 1st time = 3

Recites Kid Answer 1st time = 1

Smash the Fruit (4 min)

Smash the Fruit is a 4-minute ice-breaker to allow children to get to know each other and the Mentor Group Leader (MGL). This should allow children to be more receptive to those who are teaching and open to sharing what's on their heart.

Honey I Love You

Sit in a circle with one person in the middle. The person in the middle can go to anyone in the circle and say "Honey I love you, won't you give me a smile?" The person who was asked the question has to answer back "Honey I love you, but I just can't smile" (without smiling.) The person in the middle can do anything to the other person to make them smile except touch them. If they don't smile, try a different person.

The Juicy and DQ's (10 min)

This is the meat of the small group time. This is where the MGL's will give a very short teaching about the topic. After the teaching, there are discussion questions to engage the children. MGL's are encouraged to have a good understanding of the topics to help keep discussion time on topic and to do their best to answer (or find an answer) questions.

Self-Control Is Jesus-Control

Adam and Eve were given a great responsibility. They were to care for all God's creation. They were also given one rule—just one. They could eat from any tree and plant in the garden except for one—the tree of the knowledge of good & evil. No matter what happens they are supposed to control themselves and not eat of that fruit. That means if they're sitting there and they really, really want the fruit they have to tell themselves "no" and not eat it. Were they able to control themselves? Were they able to exhibit self-control? No. They gave into their curiosity and took the fruit even though God told them not to. Because they did that—they disobeyed God and had to deal with the consequences that we still feel today.

There are probably things in your life that you need to exhibit self-control. Self-control is Jesus-control. It's acting like Jesus would act. For example, has your mom or dad ever told you not to touch or eat something, but you do it anyway? If you said "yes" then you did not show self-control. If you said "no" then you did show self-control. You were able to control your actions. Adam and Eve chose not to control their actions.

(Group Leaders! Encourage each child to answer the question)

1. How do we show self-control? *(obey your parents; listen to the holy spirit; be disciplined; etc.)*
2. If you have a hard time with self-control, what can you do? *(pray, get out of tempting situation)*

Juicy Sheets (7 min)

Juicy Sheets are activity sheets that will be passed out. They consist of a few different activities that kids can do by themselves. Juicy Sheets are lesson-specific.

Give the children time to complete the Juicy Sheet

Fruitivity (5 min)

We call this a “fruitivity” because it’s an activity centered around a fruit that corresponds with the lesson. It’s another fun way to engage kids and get them thinking about the “fruits of the Spirit” every time they see that fruit.

Stacked Apples

Materials: 5 apples (can be reused for different services)

Directions: Each person will try and stack apples on their hand. The only one they can hold is the bottom one. See if you can stack all 5 without dropping any. If any falls, it will be the next persons turn.. The person who has the most control and stacks the most apples will get 3 kid points.

Juicy Game (7 min)

This is a fun game for the Juicy Groups to play in their small groups. Again, even our games reinforce the lesson.

Holy Spirit May I (can be played outside)

Directions: All the kids will line up at a starting point facing the leader. The leader will stand at the ending point and ask each kid individually if they will take a certain amount of steps in a specific fashion. The kid then has to ask “Holy Spirit May I”. Then the leader will answer with yes you may. If the kid does not ask this question then they have to start all the way back at the beginning.

Examples:

Leader: John, take 2 small steps.

John: Holy Spirit may I?

Leader: Yes you may.

(Then John will take 2 steps)

Leader: Mary, take 3 hops forward.

(Mary takes 3 hops)

Leader: You didn’t say Holy Spirit May I. Go back to the start.

Salvation Call (2 min)

Every week in every Juicy Group we want to invite kids who don’t know Jesus to make Him boss of their life. Children will repeat a prayer that the MGL will lead them in and celebrate any decisions!!

Salvation prayer: have the children repeat after you – “Dear Jesus, I Admit that I have sinned and messed up in my life. I believe that you still love me and died on the cross to save me. I commit from today on to do my best to follow you and the example that you lived. We love you Jesus, Amen!”

Prayer (5min)

No group should be dismissed without a time of prayer and praise. Use this time to pray over any needs in your group and hoot and holler over any praise reports. Prayer and Praise Cards will be available for kids to write down their requests or reports.

Encourage the children to share with you something they would like prayer for. (Example – sickness, school test, friendships, family, fear)

- Have them pray with each other
- You lead the prayer or
- Have one of the children lead the prayer